



END OF TITRATION FAQs

What happens when I reach the end of titration?

When you are stabilised on a medication for your ADHD, shared care will be requested will be your GP.

What is Shared Care?

Shared care is the process of us asking your GP to take over prescribing of your ADHD medication. Your GP can accept or refuse shared care.

If your GP accepts shared care, it means they will be responsible for issuing your prescriptions going forward and you will need to request your repeats from your GP.

If your GP refuses shared care, you continue to order repeat prescriptions from Dr J & Colleagues.

How will I know if my GP accepts or refuses shared care?

You will receive an email from Dr J & Colleagues notifying you of the outcome. Note, this will only happen if your GP responds directly to us which they don't always.

If you don't hear from us in the next 3 weeks about the outcome of your shared care, contact your GP first to check if they have an update about whether they have refused or accepted the shared care.

If they don't accept or have not yet decided, please use the patient portal to keep ordering your medication (do this at least 7-10 days before running out of medication) - <https://portal.drsj.co.uk/>.

Please ensure you do follow up the outcome of the shared care and order your repeat prescription as if there is an extended gap in you taking medication, you will not be able to restart it immediately.



DR J & COLLEAGUES

Psychologists and Private Psychiatrists UK

Dr J & Colleagues is the trading name of JAJAWI & ASKER LTD.

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If my GP accepts shared care, will I no longer be seen by Dr J & Colleagues?

Irrespective of whether your GP accepts shared care or not, you will have an annual review with Dr J & Colleagues.

You must attend these reviews even if your GP accepts shared care as this depends on you having your annual reviews with our specialist team.

Is there anything else I need to know?

Your BP, pulse and weight must be monitored 6-monthly and ahead of each annual review.

If your GP is issuing prescriptions as they have accepted shared care, they will complete this.

If you are continuing to order repeat prescriptions from Dr J & Colleagues, you will need to submit these each time you request a repeat prescription.